



JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ROOM LEGEND Activity Room (AR) Common Area (CA) Activity Desk (AD) Nook (N) Second Floor (2F) Third Floor (3F)	1 Canada Day 8:00 Puzzles at Activity Desk 9:30 Sequence 10:15 Rummikub 1:30 5 Crown's 2:00 Euchre 6:30 Game Night	2 9:30 Sequence 9:45 Chair Yoga 10:30 Phil's Food Talk 2:00 Summer Social Outdoor Games 3:00 Golfing 6:45 Movie Night	3 9:30 SMART Exercise 10:30 Shuffle Board 1:30 Pool Club (2F) 1:30 Bingo 6:30 Game Night	4 9:30 Outdoor Walk With Caroline 10:30 Java Music Club 1:30 5 Crown's 1:30 Euchre 6:45 Movie Night	5 9:30 Sequence 10:30 Bean Bag Toss 2:00 Bingo 6:30 Game Night 6:45 Movie Night
6 10:00 Catholic Church Service (3F) 1:00 Cogeco Channel 100 – St. Michael's Parish 1:30 PT-Margaret and Oakley 1:30 Euchre	7 Chocolate Day 9:30 SMART Exercise 9:30 Outing - Walmart 1:30 5 Crown's 1:30 Euchre 3:00 Golfing 6:45 Movie Night	8 9:30 SMART Exercise 10:15 Euchre 1:30 Town Hall Meeting 2:00 Bingo 3:00 PT – Cynthia & Harper 6:30 Game Night	9 9:30 Sequence 9:30 Gentle Exercise 2:00 Terry Raisbeck Birthday Social 3:00 Bean Bag Toss 6:45 Movie Night	10 9:30 SMART Exercise 11:00 Ruth's Fashions 1:30 Pool Club (2F) 1:30 Outdoor Walk With Caroline 6:30 Game Night	11 Blueberry Muffin Day 9:30 Outdoor Walk With Jordyn 10:30 Java Music Club 1:30 5 Crown's 1:30 Bean Bag Toss Outside 6:45 Movie Night	12 9:30 Sequence 10:30 Golfing 2:00 Bingo 6:30 Game Night 6:45 Movie Night
13 10:00 Catholic Church Service (3F) 1:00 Cogeco Channel 100-St. Michel's Parish 1:30 PT-Margaret & Oakley 1:30 Euchre	14 9:30 SMART Exercise 10:15 Rummikub 1:30 Craft Corner Card Making 1:30 5 Crown's 1:30 Euchre 3:00 Bean Bag Toss 6:45 Movie Night	15 9:30 SMART Exercise 9:30 Blood Pressure Clinic 10:15 Euchre 2:00 Bingo 3:00 PT – Cynthia & Harper 6:30 Game Night	16 9:30 Sequence 9:45 Chair Yoga 1:30 Shuffle Board 3:00 Golfing 6:45 Movie Night	17 9:30 SMART Exercise 10:30 Rummikub 1:30 Parkinson's Support Group Meeting (AR) 1:30 Pool Club (2F) 1:30 Euchre 6:30 Game Night	18 9:30 Outdoor Walk With Jordyn 10:30 Java Music Club 1:30 5 Crown's 2:00 Steve Morin 6:45 Movie Night	19 9:30 Sequence 10:30 Bean Bag Toss 1:30 Cocktails with Stephanie 2:00 Bingo 6:30 Game Night 6:45 Movie Night



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20 10:00 Catholic Church Service (3F) 1:00 Cogeco Channel 100-St. Michael's Parish 1:30 Sundae Sunday With Stephanie 1:30 PT-Margaret & Oakley 1:30 Euchre 2:00 Cottam Baptist (3F)	21 9:30 SMART Exercise 10:30 Brain Teezers 1:30 5 Crown's 1:30 Euchre 3:00 Golfing 6:45 Movie Night	22 9:30 SMART Exercise 10:15 Euchre 2:00 Bingo 3:00 PT – Cynthia & Harper 6:30 Game Night	23 Ice Cream Cone Day 9:30 Sequence 9:30 Gentle Exercise 2:00 Ted B. 3:00 Bean Bag Toss 6:45 Movie Night	24 9:30 SMART Exercise 10:30 Jeopardy 1:30 Horse Races 1:30 Pool Club (2F) 6:30 Game Night	25 Hot Fudge Sundae Day 9:30 Outdoor Walk With Caroline 10:30 Java Music Club 1:30 5 Crown's 1:30 Pool Party 6:45 Movie Night	26 9:30 Sequence 10:30 Golfing 2:00 Bingo 6:30 Game Night 6:45 Movie Night
27 10:00 Catholic Church Service (3F) 1:00 Cogeco Channel 100 St. Michael's Parish 1:30 PT –Margaret & Oakley 1:30 Euchre 2:00 Lutheran Service (3F)	28 9:30 SMART Exercise 10:15 Rummikub 11:00 OUTING – Lunch Taylor's Fish Place 1:30 5 Crown's 1:30 Euchre 3:00 Bean Bag Toss 6:45 Movie Night	29 Lasagna Day 9:30 SMART Exercise 10:15 Euchre 11:00 SALE – Tote Bags 2:00 Bingo 3:00 PT – Cynthia & Harper 6:30 Game Night	30 9:30 Sequence 9:45 Chair Yoga 11:00 Grato Gifts 1:30 Corn Fest 3:00 Golfing 6:45 Movie Night	31 9:30 SMART Exercise 10:30 Outdoor Walk With Caroline 2:00 Tim Lucas 6:30 Game Night		
					DATES TO REMEMBER PHIL'S FOOD TALK BLOOD PRESSURE CLINIC TOWN HALL MEETING PARKINSONS MEETING POOL PARTY CORN FEST	ROOM LEGEND Activity Room (AR) Common Area (CA) Activity Desk (AD) Nook (N) Second Floor (2F) Third Floor (3F)