

BACtiveLiving

Venvi Guildwood • Ana Luiza Walter Nuno • Active Living Manager ext. 1500

| July 2025 | | | | | | | | | | |
|--|--|---|--|--|---|--|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | |
| | | 1 Canada Day Wear Red and White! 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 2:00pm Afternoon Entertainment by Noah Kosta: Celebrating Canada Day! (DK) 06:30pm Bridge Night (MP | 2 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: - Sign up at Reception 02:00pm Baking with Noor (DK) 06:00pm Drop-In Cards Night (DK) | 3 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: - Sign up at Reception 02:30pm Happy Hour: Featured Drink – Malibu Bay Breeze (BI) 6:30pm Bridge Night (MP) | 4 10:00am-3:00pm Vendor on Site: Triple Eight Clothing (DK) 09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:00pm Wine n' Paint – Sign up at Reception (MP) 07:00pm Evening at the Movies: (TR) | 5 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 02:00pm Aqua-Fit – Sign up at Reception (PO) 03:00pm Neighborhood Walk with Friends: Meet at Reception 6:30pm Drop-In Cards Night (DK) | | | | |
| 6 10:00am Puzzlers Drop- In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: (TR) | 7 World Chocolate Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Chocolate Ice Cream Social: Meet & Greet New Residents (BI) 03:30pm Name that Tune (PR) 06:30pm Euchre Nights (DK) | 8 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm * Tech Support Program with Ana: Bring your own Device * (MP) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP) | 9 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00pm Outings: - Sign up at Reception 02:00pm Afternoon Entertainment by Andy de Campos (DK) 06:00pm Drop-In Cards Night (DK) | 1010:00am Exercise Group(YR)10:30am Exercise Group(YR)12:00pm Outings:Scarborough BluffsRestaurant (Bring Moneyfor Lunch) - Sign up atReception02:30pm Happy Hour:Featured Drink – (BI)6:30pm Bridge Night (MP) | 11 09:30am Making Milk Mats Drop-In (MP) 10:00am Guided Yoga Session (YR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo with Ana (DK) 07:00pm Evening at the Movies: (TR) | 12 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 02:00pm Guess the Price (DK) 03:00pm Neighborhood Walk with Friends: Meet at Reception 6:30pm Drop-In Cards Night (DK) | | | | |
| 13 10:00am Puzzlers Drop- In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: (TR) | 14 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Active Planning Meeting & Food for Thought Meeting: Everyone is Welcome! (TR) 06:30pm Euchre Nights (DK) | 15 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Clay Painting with Naz – Sign up at Reception (MP) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP) | 16 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: Edwards Garden - Sign up at Reception 02:00pm Baking with Noor (DK) 07:00pm Evening Entertainment by Deidrey Francois (DK) | 17 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: - Sign up at Reception 02:30pm Happy Hour: Featured Drink – Bliss on the Beach (Bl) 06:30pm Bridge Night (MP) | 18 09:30am Making Milk Mats Drop-In (MP) 10:00am Guided Yoga Session (YR) 10:00am Resident Council Meeting (SO) 02:00pm Bingo with Ana (DK) 07:00pm Evening at the Movies: (TR) | 19 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 02:00pm Popsicle Social (BI) 03:00pm Neighborhood Walk with Friends: Meet at Reception 6:30pm Drop-In Cards Night (DK) | | | | |





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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | |
| 20 10:00am Puzzlers Drop- In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) | 21 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Resident Birthday Party with Entertainment by 03:30pm Name that Tune (PR) | 22 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Painting Pet Rocks with Naz – Sign up at Reception (MP) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP) | 23 10:00am Activity/Game Pick- Up (LB) 01:00pm Outings: - Sign up at Reception 02:00pm Pictionary (DK) 6:30pm Trivia Pub Night (BI) | 24 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00pm Outings: Red Lobster Restaurant (Bring Money for Lunch) – Sign up at Reception 02:00pm Wine n' Paint - Sign up at Reception (MP) 3:30pm Bingo with Ana (DK) | 25 09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:30pm Happy Hour: Featured Drink – Dirty Shirley Cocktail (BI) 07:00pm Evening at the Movies: (TR) | 26 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 02:00pm Guess the Price (DK) 03:00pm Neighborhood Walk with Friends: Meet at Reception | | | | |
| 07:00pm Evening at the Movies: (TR) 27 10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: (TR) | (FIX) 06:30pm Euchre Nights (DK) 28 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00-01:00pm Pizza Lunch \$5 (pop, a slice, chips) – Sign up at Reception (SO) 02:00pm Resident Town Hall Meeting: Everyone is Welcome! (TR) 06:30pm Euchre Nights (DK) | 29 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Book Club (SO) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP) | 30 Friendship Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: - Sign up at Reception 02:00pm Ice Cream Parlor (BI) 3:30pm Friendship Bracelets with Naz – Sign up at Reception (MP) 06:00pm Drop-In Cards Night (DK) | 06:30pm Bridge Night (MP) 31 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: - Sign up at Reception 02:00pm High Tea Social: Sign up at Reception (SO) 03:30pm Bingo Buck Shop (DK) 06:30pm Bridge Night (MP) | | 6:30pm Drop-In Cards Night (DK) | | | | |
| | | Guildwood Service Outings | Guildwood Courtesy Car | CALENDAR LEGEND | DATES TO REMEMBER | ROOM LEGEND | | | | |
| 3 otivo | Venvi Guildwood Retirement Living | Thursday Mornings 9:30am & 10:30am Shuttle runs to | Monday, Tuesday & Fridays 9:30am until 4:00pm | Special Programs/Events | | YR: Yoga Room TR: Theatre Room BI: Bistro | | | | |
| TICLIVC | 65 Livingston Road | Morningside Crossing | Booking is required at | Outings | | DK: Demo Kitchen MP: Multi-Purpose | | | | |
| Living | Scarborough, ON M1E 0E6 | Plaza, TD Bank, RBC, Scotia Bank & CIBC Booking is required at | Reception on a first come, first serve basis. Locations limits & | *Technology Program* | | PR: Puzzle Room SO: Solarium GR: Games Room | | | | |
| | (416) 883-6920 | Reception. | restrictions in effect. | | | MR: Media Room LB: Library | | | | |

