



July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM LEGEND (3) 3rd Floor (DR) Dining Room (2) 2nd Floor (B) Bistro (L) Lobby (FP) Front Patio (W) Wellness Chapel	DATES TO REMEMBER Bus to the Flag Raising July 1 Randy's music July 2 BBQ & "After Five" band July 9 T & T band July 16 Picnic at the park July 23 Personal Touch July 25 "Phoenix" band July 26 "Yesterday" band July 30 Kite decoration July 31	1 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk(Back patio) 11:30 pm Bus to the Memorial Park-Flag Raising (L) 2:00pm Card Bingo (2) 7:00pm *Bingo (2) Happy Canada Day	2 09:30am Sit down & Tone up-original(3) 10:15am Walking group (L) 2:00 pm Randy's music (Front patio) 7:00pm Norwegian Whist (2)	3 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? (2) 2:00pm Bentley Downs (2) 7:00pm *Bingo (2)	4 09:30am Sit down & Tone up-original (3) 10:00am Chase the Ace (2) 2:00pm Happy Hour (2) 3:00 pm Bible study (RM310)) 7:00pm Trump Whist (2)	5 09:30am Simply Stretch(3) 2:00pm Ice cream Social (2) 3:00 pm Pick your game (2) 7:00pm Movie& Popcorn (3)
6 2:00pm Lemon Aide (L) 3:00pm Pick your Game (2) 7:00pm North View Church (W) 7:30pm Movie (3)	7 09:30am Sit down & Tone up-original(3) 10:00 pm Coffee talk (Back Patio) 10:00 am TEP (2) 10:30pm What Am I?(2) 1:30pm Paint & Sip (2) 7:00pm Trump Whist(2)	8 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:00 pm Bus to Walmart 2:00pm Card Bingo (2) 7:00pm *Bingo (2)	9 09:30am Sit down & Tone up-original (3) 10:15amWalking group (L) 1:00pm-3:30pm-Wellness Clinic (2) 7:00 pm "After five" band (Front Patio) Block Party	10 09:30am Sit down&Tone up-encore (3) 10:00am Catholic Mass (W) 10:00 am TEP (2) 10:30pm What Am I? (2) 2:00pm Bentley Downs (2) 7:00pm *Bingo (2)	11 09:30am Sit down & Tone up-original (3) 10:00am Chase the Ace (2) 2:00pm Happy Hour (2) 3:00 pm Bible study (RM310)) 7:00pm Trump Whist (2)	12 09:30am Simply Stretch(3) 2:00pm Ice cream Social (2) 3:00 pm Pick your game (2) 7:00pm Movie& Popcorn (3)
13 2:00pm Lemon Aide (L) 3:00pm Pick your Game (2) 7:00pm North View Church (W) 7:30pm Movie (3)	14 09:30am Sit down & Tone up-original(3) 10:00 am Coffee talk (Back Patio) 2:00pm Chase the Ace (2) 7:00pm Trump Whist/Pool (2) No activity person	15 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (Back Patio) 1:00 pm Bus to Walmart 2:00pm Card Bingo (2) 7:00pm *Bingo (2) No activity person	16 09:30am Sit down & Tone up-original(3) 10:00am Pharmasave (DR) 2:00pm T&T (DR) 7:00pm Norwegian Whist (2) Nat. Cherry Day No activity person	17 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (Back Patio) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2) No activity person	18 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (Back Patio) 2:00pm Chase the ace (2) 7:00pm Trump Whist (2) No activity person	19 09:30am Simply Stretch(3) 2:00pm Ice cream Social (2) 3:00 pm Pick your game (2) 7:00pm Movie & Popcorn (3)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 2:00pm Lemon Aide (L) 3:00pm Pick your Game (2) 7:00pm North View Church (W) 7:30pm Movie (3)	21 09:30am Sit down & Tone up-original (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Hot dice game (2) 7:00pm Trump Whist/Pool (2)	22 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:00 pm Bus to Walmart 2:00pm Card Bingo (2) 7:00pm *Bingo (2)	23 09:30am Sit down & Tone up-original(3) 10:15am Treats & Coffee (2) 12:00 pm Picnic at the Park (L) 2:00 pm Chase the Ace (2) 7:00pm Norwegian Whist (2)	24 09:30am Sit down & Tone up-encore(3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:30 pm Resident's meeting (DR) 2:30 pm Chat back (DR) 7:00pm *Bingo (2)	25 09:30am Sit down & Tone up-original(3) 10:00 pm Coffee talk (Back Patio) 10:00 am-3:00 pm- Personal Touch Fashions (2) 2:00 pm Music (DR) 7:00pm Trump Whist (2)	26 09:30am Simply Stretch(3) 2:00pm Ice cream Social (2) 3:00 pm Pick Your game (2) 7:00pm Movie & Popcorn (3)
27 2:00pm Lemon Aide (L) 3:00pm Pick your Game (2) 7:00pm North View Church (W) 7:30pm Movie (3)	28 09:30am Sit down & Tone up-original (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Monthly Birthday (2) 7:00pm Trump Whist/Pool (2)	29 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:00 pm Bus to Walmart 2:00pm Card Bingo (2) 7:00pm *Bingo (2) Nat. Lasagna Day	30 09:30am Sit down & Tone up-original (3) 10:15 am Walking group(L) 2:00pm Chase the Ace (2) 7:00pm Norwegian Whist (2) Wellness Clinic 9:00am-3:30 pm (2)	31 09:30am Sit down & Tone up-encore(3) 10:00 pm Coffee talk (Back Patio) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:30pm Kite decorating (2) 7:00pm *Bingo (2)		
			Please note Calendar is subject to change. **Please check daily sheets for updates**	CALENDAR LEGEND Highlights OUTINGS *IPad/Apple TV Programs	DATES TO REMEMBER Bus to the Flag Raising July 1 Randy's music July 2 BBQ & "After Five" band July 9 T & T band July 16 Picnic at the park July 23 Personal Touch July 25 "Phoenix" band July 26 "Yesterday" band July 30 Kite decoration July 31	ROOM LEGEND (3) 3rd Floor (DR) Dining Room (2) 2 nd Floor (B) Bistro (L) Lobby (FP) Front Patio (W) Wellness Chapel