



Venvi Royal Marquis, Gloria Fiacco Active Living Manager

July 2025										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
DATES TO REMEMBER July 1 st Canada Day July 10 ^{th-} Summer Fun Day July 16 th - Grato Gifts'	ROOM LEGEND AR-Activity Room CK-Country Kitchen T-Theatre S-Sevill Lounge FR-Fitness Room FL -Front Lobby P-Pub	Hawaii Theme Day July 24 th	Summertime Tips Stay hydrated Remain Active Wear A Hat Stay connected with residents 	July	Calendar Legend Special Programs Outings Technology*	What is MOD ? Enjoy an activity with Manager On Duty . Whether it be an Activity or a Coffee chat.				
What do french fries do when they meet after a long time?	What are National Days ? National Days are the Days, we celebrate a special food or cultural traditions Come and enjoy the fun!!	 1Happy Canada Day Wear Red and White Day 10:30 am Bingo (CK) 2:00 pm Playing Euchre (AR) 6:45 pm The Carol Burnett Show Series (T) 	2 10:30am Arm Workout (F) 2:00pm Horse Races (CK) 3:00 pm Walking Program 6:45pm Playing Rummicube (AR)	3 Root Beer Floats 10:30 pm Playing Scrabble (AR) 2:00pm Root Beer Floats (AF 3:00 pm Wii Bowling (AR) 6:45 pm Carol Burnett Show Series (T)	4 10:30am Yoga (FR) 2:00pm Bingo AR) 3:00 pm Playing Five Crowns (AR) 6:45 pm Ice Tea Social (P)	5 10:30am MOD Activity (AR) 2:00pm Matinee(T) 6:45pm Playing Yahtzee (AF				
6 National Fried Chicken 10:30am Catholic Mass (T) 2:00pm Playing Cornhole(AR) Check your menu to see what Chef Clint has prepared the National Days	7 10:30am Independent Exercise (FR) 2:00pm Bingo (CK) 3:00pm Playing Euchre (AR) 6:30pm Pet Therapy (FL)	8 10:30 am Tai Chi (FR) 2:00pm Afternoon Matinee (T) 6:45 pm Evening Netflix Movie (T)	 9 Painting with Shannon 10:30am Tier 1 Exercise (FR) 1:30 Mass with Pastor Lisa (SL) 2:00pm Painting with Shannon (AR) 3:30pm VON Exercise (FR) 6:45 pm Playing Euchre (AR) 	10 July Fun Day 9:30am Shopper's Outing 10:30am Corn Hole outdoors 2:00 pm Music with Richard (SL) 3:00 pm Ice Cream Truck	 11 9:30 am Seated Yoga Class (FR) 10:30am Gentle Exercise (FR) 2:00pm Bingo (CK) 3:00 pm Walking Program 3:30 pm Wii Bowling (SL) 6:45 pm Playing Uno cards (AR) 	12 10:30am MOD Activity (AR) 2:00pm Matinee(T) 6:45 pm Playing Checkers (P)				

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More Active Living choices on the next page





	July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
13	14	15 Casino Outing	16 National Cherry Day	17	18	19	
10:30am Catholic Mass (T) 2:00pm Playing Cornhole (AR)	 10:30am Cardio Drum Fit (FR) 2:00pm Bingo (CK) 3:00pm Wii Bowling (AR) 6:30pm Pet Therapy (FL) 	 10:30am Casino Outing 2:00pm Horse Races (CK) 3:00pm Cardio Drum Fit (FR) 6:45 pm Evening Netflix Movie (T) 	 9:30am Fit Minds (AR) 10:30am Grato Gifts (F) 10:30am Tier 1 Exercise (FR) 11:30 am Cherry Tarts for Lunch 2:00pm Cherry Sundaes Social (AR) 3:30pm VON Exercise (FR) 	 9:30am Playing Cards (AR) 10:30am Arm Workout (FR) 2:00 pm Church with Father Glenn (SL) 6:45pm Netflix Movie (T) 	 10:30am Seated Yoga Class (FR) 2:00pm Bingo (CK) 3:00 pm Walking Program 3:30 pm Wii Bowling (SL) 6:45 pm Playing Uno cards (AR) 	10:30am MOD Activity (AR) 2:00pm Matinee(T) 6:45 pm Playing Scrabble (AR)	
20	21	22 Giant Tiger	23 Summer Fun Treats	24 Hawaii Fun Day	25	26	
10:30am Catholic Mass (T) 2:00pm Euchre Social (AR)	 10:30am Cardio Drum Fit (FR) 1:45pm Blood Pressure Clinic (2nd and 3rd Floor) (SL) 2:00pm Bingo (CK) 6:30pm Pet Therapy (FL) 	 9:30 am Giant Tiger 1:45pm Blood Pressure Clinic (4th and 5th Floor) (SL) 2:00pm Horse Races (CK) 3:00pm Cardio Drum Fit 6:45 pm Evening Netflix Movie (T) 	9:30am Fit Minds (AR) 10:30am Tier 1 Exercise (FR) 1:30 pm Computer 101(AR) 2:00pm Making Smores (CK) 3:00 pm Adult Coloring (AR) 3:30pm VON Exercise (FR)	 9:30am Word Association (AR) 10:30am Leg Workout (FR) 2:00 pm Music with Tim (SL) 3:00 pm Pina Colada Social (AR) 6:45pm Playing Euchre 	 10:30am Seated Yoga Class (FR) 2:00pm Bingo (CK) 3:00 pm Walking Program 3:30 pm Wii Bowling (SL) 6:45 pm Uno cards (AR) 	10:30am MOD Activity (AR) 2:00pm Matinee(T) 6:45pm Playing Yahtzee (Al	
27	28	29 Scenic Drive	30 National Cheesecake Day	31 Summer Fun Treats			
10:30am Catholic Mass (T) 2:00 pm Playing Wii Bowling (AR)	 10:30am Cardio Drum Fit (FR) 2:00pm Bingo (CK) 3:00 pm Walking Program 6:30pm Pet Therapy (FL) 	 10:30am Leg Workout (FR) 2:00pm Scenic Drive to River 3:00pm Playing Euchre (AR) 6:45 pm Evening Netflix Movie (T) 	 9:30am Word Association (AR) 10:30am Tier 1 Exercise (FR) 1:30 pm Computer 101(AR) 2:00pm Fit Minds (AR) 3:00 pm Birthday Cheesecake Social (AR) 3:30pm VON Exercise (FR) 	 10:30 am Word Association(AR) 2:00 pm Making Stewed Rhubarb and Berry (CK) 3:00 pm Stewed Rhubarb and Berry Sundaes (CK) (AR) 6:45pm Playing Five Crowns (AR) 			

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