




July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day!! 10:00am Meditation [FR] 10:30am Canada Day Puzzles [FR] 11:00am Trivia: Canada [FR] 2:00pm Entertainment by Noah Kosta: Celebrating Canada Day! [IL] 04:00pm Short Stories [FR] 06:30pm Canadian Movie Night: Indian Horse [FR]	2 10:00am - 12:00pm Country Drive Outing [MC] 10:00am Exercise Video [FR] 11:00am Sing Along with Diana [FR] 02:00pm Meditation & Mandala [AR] 02:00pm Baking Demo with Noor [IL] 03:00pm Crosswords [FR] 04:00pm Nature Walk [MC] 06:30pm Drop-In Puzzle Night	3 10:00am Ball Toss [FR] 10:30am Trivia: Hollywood Actors & Actresses [FR] 11:00am Guess that Sound [FR] 02:30pm Happy Hour Feat. Malibu Breeze [IL] 04:00pm Reading Circle [FR] 06:30pm Series: Seinfeld [FR]	4 10:00am Scattegories [FR] 10:30am True or False [FR] 11:00am Chair Zumba with Naz [FR] 02:00pm Tea & Treat Social [AR] 03:00pm Crossword [FR] 04:00pm Bingo [FR] 06:30pm Series: Waterfront Cities of the World – Rome [FR]	5 10:00am Manicures & Music [AR] 10:30am Daily Chronicle & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Crafter's Corner [AR] 03:00pm Pictionary [FR] 04:00pm Crossword [FR] 06:30pm Documentary: Martha [FR]
6 09:30am Spiritual Hymns Sing Along [FR] 10:00am Church Service Video [FR] 11:00am Guided Exercise [FR] 02:00pm Tea & Treat Social [GR] 03:30pm Bean Bag Toss [FR] 04:00pm Word Scrambles [FR] 06:30pm Movie Night: The Hill [FR]	7 World Chocolate Day 10:00am Gentle Stretches [FR] 10:30am Trivia: Chocolate [FR] 11:00am Sing Along with Diana [FR] 02:00pm Chocolate Ice Cream Social: Meet & Greet New Residents 03:00pm Watering Plants [GR] 04:00pm Nature Walk [MC] 06:30pm Series: House [FR]	8 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Stand-Up Comedy: Gabriel Iglesias [TR] 04:00pm Sunbathing on the Patio with Popsicles [MC] 06:30pm Musical Movie Night: Matilda [FR]	9 10:00am Seated Yoga [FR] 10:30am Pictionary [FR] 11:00am Sing Along with Diana [FR] 02:00pm Entertainment by Andy de Campos [IL] 03:30pm Crosswords [FR] 04:00pm Nature Walk [MC] 06:30pm Drop-In Puzzle Night [AR]	10 National Kitten Day 10:00am Ball Toss [FR] 10:30am Trivia: Kitties [FR] 11:00am Guess that Sound [FR] 02:30pm Happy Hour Feat. Vodka Lemonade [IL] 04:00pm Reading Circle [FR] 06:30pm Series: Seinfeld [FR]	11 10:00am Chair Zumba [FR] 10:30am Scattegories [FR] 11:30am – 1:30pm Pizza Lunch [AR] 02:00pm Tea & Treat Social [AR] 03:00pm Crossword [FR] 04:00pm Bingo [FR] 06:30pm Series: Waterfront Cities of the World – Cape Town [FR]	12 10:00am Manicures & Music [AR] 10:30am Daily Chronicle & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Sing Along with Diana [FR] 03:00pm Pictionary [FR] 04:00pm Crossword [FR] 06:30pm Documentary: Audrey [FR]
13 09:30am Spiritual Hymns Sing Along [FR] 10:00am Church Service Video [FR] 11:00am Guided Exercise [FR] 02:00pm Tea & Treat Social [GR] 03:30pm Bean Bag Toss [FR] 04:00pm Word Scrambles [FR] 06:30pm Movie Night: Blue Miracle [FR]	14 10:00am Gentle Stretches [FR] 10:30am Trivia: Capital Cities [FR] 11:00am Sing Along with Diana [FR] 02:00pm Active Planning & Food for Thought Meeting: Everyone is Welcome! [TR] 02:00pm Music & Art Therapy [AR] 03:00pm Watering Plants [GR] 04:00pm Nature Walk [MC] 06:30pm Series: House [FR]	15 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Stand-Up Comedy: Conan O'Brien [TR] 04:00pm Sunbathing on the Patio with Popsicles [MC] 06:30pm Musical Movie Night: Wonka [FR]	16 10:00am Exercise Video [FR] 11:00am Sing Along with Diana [FR] 02:30pm Entertainment by Robert [FR] 02:00pm Baking Demo with Noor [IL] 04:00pm Nature Walk [MC] 07:00pm Evening Performance by Deidrey Francois [IL]	17 10:00am Ball Toss [FR] 10:30am Trivia: Bands [FR] 11:00am Guess that Sound [FR] 02:30pm Happy Hour Feat. Bliss on the Beach [IL] 04:00pm Reading Circle [FR] 06:30pm Series: Seinfeld [FR]	18 10:00am Chair Zumba [FR] 10:30am Scattegories [FR] 11:00am 02:00pm Tea & Treat Social [AR] 03:00pm Crossword [FR] 04:00pm Bingo [FR] 06:30pm Series: Waterfront Cities of the World – Budapest [FR]	19 10:00am Manicures & Music [AR] 10:30am Daily Chronicle & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Popsicle Social [IL] 03:00pm Pictionary [FR] 04:00pm Crossword [FR] 06:30pm Documentary: Call Me Kate [FR]



July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 09:30am Spiritual Hymns Sing Along [FR] 10:00am Church Service Video [FR] 11:00am Guided Exercise [FR] 02:00pm Tea & Treat Social [GR] 03:30pm Bean Bag Toss [FR] 04:00pm Word Scrambles [FR] 06:30pm Movie Night: All Saints [FR]	21 National Junk Food Day 10:00am Gentle Stretches [FR] 10:30am Trivia: Junk Food [FR] 11:00am Sing Along with Diana [FR] 02:00pm Resident Birthday Party & Entertainment by Shannon Graham [IL] 03:00pm Watering Plants [GR] 04:00pm Nature Walk [MC] 06:30pm Series: House [FR]	22 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Stand-Up Comedy: Hasan Minhaj [TR] 04:00pm Sunbathing on the Patio with Popsicles [MC] 06:30pm Musical Movie Night: Dirty Dancing [FR]	23 10:00am Exercise Video [FR] 11:00am Sing Along with Diana [FR] 02:00pm Meditation & Mandala [AR] 03:00pm Crosswords [FR] 04:00pm Nature Walk [MC] 06:30pm Drop-In Puzzle Night [AR]	24 10:00am Ball Toss [FR] 10:30am Trivia: Inventions [FR] 11:00am Guess that Sound [FR] 11:30am – 1:30pm Pizza Lunch [AR] 01:30pm Movie Matinee: Primal Fear [FR] 03:00pm Pictionary [FR] 04:00pm Reading Circle [FR] 06:30pm Series: Seinfeld [FR]	25 10:00am Scattegories [FR] 10:30am True or False [FR] 11:00am Chair Zumba with Naz [FR] 02:00pm Happy Hour Feat. Dirty Shirley Cocktail [IL] 03:00pm Crossword [FR] 04:00pm Bingo [FR] 06:30pm Series: Waterfront Cities of the World – New York City [FR]	26 10:00am Manicures & Music [AR] 10:30am Daily Chronicle & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Sing Along with Diana [FR] 03:00pm Pictionary [FR] 04:00pm Crossword [FR] 06:30pm Documentary: Joan Didion [FR]
27 09:30am Spiritual Hymns Sing Along [FR] 10:00am Church Service Video [FR] 11:00am Guided Exercise [FR] 02:00pm Tea & Treat Social [GR] 03:30pm Bean Bag Toss [FR] 04:00pm Word Scrambles [FR] 06:30pm Movie Night: A Week Away [FR]	28 10:00am Gentle Stretches [FR] 10:30am Trivia: Famous Quotes [FR] 11:00am Sing Along w/ Diana [FR] 02:00pm Resident Town Hall: Everyone is Welcome! [TR] 02:00pm Music & Art Therapy [AR] 03:00pm Watering Plants [GR] 04:00pm Nature Walk [MC] 06:30pm Series: House [FR]	29 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:30pm Entertainment: Sing Along with Kathy [FR] 04:00pm Sunbathing on the Patio with Popsicles [MC] 06:30pm Musical Movie Night: Diana [FR]	30 Friendship Day 10:00am Exercise Video [FR] 10:30am Short Stories [FR] 11:00am Sing Along with Diana [FR] 02:00pm Ice Cream Parlor [IL] 03:00pm Crosswords [FR] 04:00pm Nature Walk [MC] 06:30pm Drop-In Puzzle Night [AR]	31 10:00am Ball Toss [FR] 10:30am Trivia: Rivers & Mountains [FR] 11:00am Guess that Sound [FR] 02:00pm Tea & Treat Social [GR] 04:00pm Reading Circle [FR] 06:30pm Series: Seinfeld [FR]		
		ACTIVE LIVING AIDES	DATES TO REMEMBER	REMINDERS	CALENDAR LEGEND	ROOM LEGEND
	Venvi Guildwood Retirement Living 65 Livingston Road Scarborough, ON M1E 0E6 (416) 883-6920	NOOR ASIA NEHA & NAZ	July 2 – Country Drive Cancelled for July – Holy Trinity Church Service	See Active Living Team if interested in any outings or programs.	ML Programs IL Programs, & ML Outings,	AR: Activity Room DR: Dining Room FR: Family Room GR: Garden Room IL: Main Level MC: Memory Care SO: Solarium [5 th Floor] TR: Theatre Room [Basement]